10th International "Cake-Cup" of Leipzig

Organiser: SC DHfK Leipzig e.V. **Section:** Finswimming **Date:** 06th of July 2013

Location: Indoor Swimming Pool University of Leipzig

Mainzerstr. 2-4, 04109 Leipzig

1. Swimming Pool

Pool Measurement: 50 m x 21 m

Number of lanes: 8

Lead character: wavebreaking leads

Depth of water: 2,00 m Temperature of water: 27°C

Timekeeping: Elektronical, Omega ARES 21

2. Order of competitions

warm-up:08:45 - 09:55 a.m.Referee meeting:09.30 a.m.Team leader meeting:09.40 a.m.Opening:09:55 a.m.Beginning of competition:10:05 a.m.estimated time of ending:05.00 p.m.

Competition					Categories
	01	100 m	IS	Women	A, B, C, D and Masters
	02	100 m	IS	Men	A, B, C, D and Masters
	03	200 m	SF	Women	A, B, C, D, E, F and Masters
	04	200 m	SF	Men	A, B, C, D, E, F and Masters
	15 minute break				
	05	400 m	IS	Women	A, B, C, D and Masters
	06	400 m	IS	Men	A, B, C, D and Masters
	07	50 m	SF	Women	A, B, C, D, E, F and Masters
	80	50 m	SF	Men	A, B, C, D, E, F and Masters
	15 minute break				
	09	800 m	SF	Women	A, B, C, D and Masters
	10	800 m	SF	Men	A, B, C, D and Masters
	11	100 m	SF	Women	A, B, C, D, E, F and Masters
	12	100 m	SF	Men	A, B, C, D, E, F and Masters
	15 minute break				
	13	400 m	SF	Women	A, B, C, D, E, F and Masters
	14	400 m	SF	Men	A, B, C, D, E, F and Masters
	15	4 x 100 m	SF	Women	A, B, C, D
	16	4 x 100 m	SF	Men	A, B, C, D
	17	4 x 50 m	SF	Women	Masters
	18	4 x 50 m	SF	Men	Masters
	15 minute break				
	19	50 m	AP	Women	A, B, C and Masters
	20	50 m	AP	Men	A, B, C and Masters

Participation at ones own risk. Promoter, organiser and host reject any liability, if there's no special insurance.

3. General Rules

- The rules of the CMAS (2012/03) are valid. Every club and team, which is acknowledged by the VDST and whose athletes are in possession of a VDST computer number is eligible.
- Open to all clubs and their athletes with a valid right to start the CMAS Finswimming competitions and athletes foreign clubs that are registered in their state association or in the CMAS. The medical examination must be on race day not earlier than one year.



- The session of the team leaders and referees take place half an hour before the beginning of the competition. Valid competition cards of the athletes must be handed over at the office untill the deadline for application.
- It's possible to refill diving equipment on location (max. pressure of 200 bar). Only diving equipment with valid technical inspection is to be used. Please pay attention to the transport of dangerous material.
- Contrary to the rule are filled pressure air bottles to bring along!
- For lack of time can be shortened or eliminated the breaks, as then only the medal ceremonies for the age classes D, E and F performed. The certificates for the other rating classes may be issued at the end of the event.

4. One-Start-Rule

- For the entire competition is considered the "one-start rule".
- The start is basically the starting block and the competition for the 50 FS using a snorkel for breathing is mandatory. Masters are allowed to start without a snorkel.

5. Ranking

Single categories

Category A (1996 and older)
Category B (1997 / 1998)
Category C (1999 / 2000)
Category D (2001 / 2002)
Category E (2003 / 2004)
Category F (2005 and younger)

Relay categories

- Category A (1996 and older)
- Category B (1997 2000)
- Category C (2001 2004)
- Category D (2005 and younger)

Single categories masters *)

- AK I 25–34 years
- AK II 35-44 years
- AK III 45-54 years
- AK IV 55 years and older

Relay categories masters *)

- AK A 100-149 years
- AK B 150-199 years
- AK C 200 years and older

*) It is to declare at the starting application, if the competitor starts in category A or AK25. This choice is obligatory for all starts of the competitor.

The places 1-6 will receive certificates. For more information about the awards ceremony under item 3 of this tender.

6. Cup Ranking

Categories: I.: 1996 and older

II.: 1997 - 2000 III: 2001 - 2004 IV: 2005 and younger

Masters A: AK 25-44 Masters B: AK 45-64 Masters C: AK 65 and older

The German Record is equated with 1000 score points. Each athlete receives score points for his/her performance according to a 1000 score points scale. The **two** best results are valid for final ranking. The points will be added separatly for men and the athlete with the highest score in each category receives the winner's cup (a cake). In case of level score, the higher score on the best single distance counts. If there is

still level score the younger athlete wins.

7. Protests

Protest must take place in written form within 30 minutes after announcement of the results on a deposit of 30,00 Euro.

8. Application

Applications have to be made on the sheets attached or online at www.eqd-tb.de.

Adress: Thilo Brandenburg

Zum Leutzscher Holz 26, 04178 Leipzig

Telefax: +49 (341) 442 69 11 Email: <u>meldung@egd-tb.de</u>

Closing date: Thursday, 26 th of July 2014 – 12.00 p.m.

Application fee: each start: 3,50 Euro

Lists and results (incl. LiveWebTiming during competition) are released at www.egd-tb.de

gez.

Dr. H.-J. Minow

leader of section Finswimming