

9th International „Cake-Cup“ of Leipzig

Organiser: SC DHfK Leipzig e.V.
Section: Finswimming
Date: 23th of June 2013
Location: Indoor Swimming Pool University of Leipzig
 Mainzerstr. 2-4, 04109 Leipzig



1. Swimming Pool

Pool Measurement: 50 m x 21 m
 Number of lanes: 8
 Lead character: wavebreaking leads
 Depth of water: 2,00 m
 Temperature of water: 27°C
 Timekeeping: Elektronical, Omega ARES 21

2. Order of competitions

warm-up:	08:45 - 09:55 a.m.	Referee meeting:	09.30 a.m.
Team leader meeting:	09.40 a.m.	Opening:	09:55 a.m.
Beginning of competition:	10:05 a.m.	estimated time of ending:	05.00 p.m.

Competition					<i>Categories</i>
	01	100 m	IS	Women	A, B, C, D
	101	100 m	IS	Women	AK I, AK II, AK III, AK IV, AK V
	02	100 m	IS	Men	A, B, C, D
	102	100 m	IS	Men	AK I, AK II, AK III, AK IV, AK V
	03	200 m	SF	Women	A, B, C, D, E, F
	103	200 m	SF	Women	AK I, AK II, AK III, AK IV, AK V
	04	200 m	SF	Men	A, B, C, D, E, F
	104	200 m	SF	Men	AK I, AK II, AK III, AK IV, AK V
15 Minuten Pause					
	05	400 m	IS	Women	A, B, C, D
	105	400 m	IS	Women	AK I, AK II, AK III, AK IV, AK V
	06	400 m	IS	Men	A, B, C, D
	106	400 m	IS	Men	AK I, AK II, AK III, AK IV, AK V
	07	50 m	SF	Women	A, B, C, D, E, F
	107	50 m	SF	Women	AK I, AK II, AK III, AK IV, AK V
	08	50 m	SF	Men	A, B, C, D, E, F
	108	50 m	SF	Men	AK I, AK II, AK III, AK IV, AK V
15 Minuten Pause					
	09	800 m	SF	Women	A, B, C, D
	109	800 m	SF	Women	AK I, AK II, AK III, AK IV, AK V
	10	800 m	SF	Men	A, B, C, D
	110	800 m	SF	Men	AK I, AK II, AK III, AK IV, AK V
	11	100 m	SF	Women	A, B, C, D, E, F
	111	100 m	SF	Women	AK I, AK II, AK III, AK IV, AK V
	12	100 m	SF	Men	A, B, C, D, E, F
	112	100 m	SF	Men	AK I, AK II, AK III, AK IV, AK V
15 Minuten Pause					
	13	400 m	SF	Women	A, B, C, D, E, F
	113	400 m	SF	Women	AK I, AK II, AK III, AK IV, AK V
	14	400 m	SF	Men	A, B, C, D, E, F
	114	400 m	SF	Men	AK I, AK II, AK III, AK IV, AK V

	15	4 x 100 m	SF	Women	A, B, C, D
	115	4 x 50 m	SF	Women	AK A, AK B, AK C, usw.
	16	4 x 100 m	SF	Men	A, B, C, D
	116	4 x 50 m	SF	Men	AK A, AK B, AK C, usw.
15 Minuten Pause					
	17	50 m	AP	Women	A, B, C
	117	50 m	AP	Women	AK I, AK II, AK III, AK IV, AK V
	18	50 m	AP	Men	A, B, C
	118	50 m	AP	Men	AK I, AK II, AK III, AK IV, AK V

Participation at ones own risk. Promoter, organiser and host reject any liability, if there ´s no special insurance.

3. General Rules

- The rules of the CMAS, dated 01.01.2004, in the version of the VDST from September 1995, new released 02.03.1997, and its additions and modifications dated 09.12.2000 are valid.
- Open to all clubs and their athletes with a valid right to start the CMAS Finswimming competitions and athletes foreign clubs that are registered in their state association or in the CMAS. The medical examination must be on race day not earlier than one year.
- The session of the team leaders and referees take place half an hour before the beginning of the competition. Valid competition cards of the athletes must be handed over at the office until the deadline for application.
- It's possible to refill diving equipment on location (max. pressure of 200 bar). Only diving equipment with valid technical inspection is to be used. Please pay attention to the transport of dangerous material.
- For lack of time can be shortened or eliminated the breaks, as then only the medal ceremonies for the age classes D, E and F performed. The certificates for the other rating classes may be issued at the end of the event.

4. One-Start-Rule

- For the entire competition is considered the "one-start rule".
- The start is basically the starting block and the competition for the 50 FS using a snorkel for breathing is mandatory. Masters are allowed to start without a snorkel.

5. Ranking

Single categories

- Category A (1995 and older)
- Category B (1996 / 1997)
- Category C (1998 / 1999)
- Category D (2000 / 2001)
- Category E (2002 / 2003)
- Category F (2004 and younger)

Relay categories

- Category A (1995 and older)
- Category B (1996 - 1999)
- Category C (2000 - 2003)
- Category D (2003 and younger)

*Single categories masters *)*

- AK I - 25–34 years
- AK II - 35-44 years
- AK III - 45-54 years
- AK IV - 55-64 years
- AK V - 65 years and older

*Relay categories masters *)*

- AK A - 100-149 years
- AK B - 150-199 years
- AK C - 200-249 years
- AK D - 250 years and older

*) It is to declare at the starting application, if the competitor starts in category A or AK25. This choice is

obligatory for all starts of the competitor.

The places 1-6 will receive certificates. For more information about the awards ceremony under item 3 of this tender.

6. Cup Ranking

Categories:

I.:	1995 and older
II.:	1996 - 1999
III.:	2000 - 2003
IV.:	2004 and younger
Masters A:	AK 25-44
Masters B:	AK 45-64
Masters C:	AK 65 and older

The German Record is equated with 1000 score points. Each athlete receives score points for his/her performance according to a 1000 score points scale. The **two** best results are valid for final ranking. The points will be added separately for men and the athlete with the highest score in each category receives the winner's cup (a cake). In case of level score, the higher score on the best single distance counts. If there is still level score the younger athlete wins.

7. Protests

Protest must take place in written form within 30 minutes after announcement of the results on a deposit of 30,00 Euro.

8. Application

Applications have to be made on the sheets attached or online at www.egd-tb.de.

Address:

Thilo Brandenburg
Zum Leutzscher Holz 26, 04178 Leipzig
Telefax: +49 (341) 442 69 11
Email: tortepokal@flossis.de

Closing date: **Thursday, 13 th of Juny 2013 – 12.00 p.m.**

Application fee: each start: 3,50 Euro

Lists and results (incl. LiveWebTiming during competition) are released at www.egd-tb.de

gez.
Dr. H.-J. Minow
leader of section Finswimming